

# class timetable

	monday		tuesday		wednesday		thursday		friday		saturday		sunday	
	studio 1	studio 2	studio 1	studio 2	studio 1	studio 2	studio 1	studio 2	studio 1	studio 2	studio 1	studio 2	studio 1	studio 2
morning		power 07.00 - 07.45		balance 07.00 - 07.45		gravity 07.00 - 07.45		ignite 07.00 - 07.45		control 07.00 - 07.45				
		ignite 07.55 - 08.40		gravity 07.55 - 08.40	barre 07.55 - 08.40			balance 07.55 - 08.40		power 07.55 - 08.40			junior go wild AUTISM FRIENDLY 08.00 - 08.45	
											mini go wild 08.30 - 09.15	gravity 08.30 - 09.15		tots go wild 08.45 - 09.30
afternoon	stay & play 09.30 - 10.30	ignite 09.15 - 10.00		tots ballet 09.30 - 10.00	stay & play 09.30 - 10.30	gravity 09.15 - 10.00		balance 09.15 - 10.00	stay & play 09.30 - 10.30		dads club 09.30 - 10.30	mini ballet 09.25 - 09.55	mini karate 09.00 - 09.30	power 09.40 - 10.25
		tots ballet 10.10 - 10.40		mini ballet 10.05 - 10.45			mini karate 10.10 - 10.40		monkey music AGE 1-2 10.00 - 10.30		ballet primary 10.05 - 10.50		junior karate 09.40 - 10.25	
	tots go wild 10.40 - 11.25	mummy & me gravity 10.25 - 11.10		tots go wild 10.40 - 11.25	mini go wild 10.40 - 11.25	mummy & me ignite 10.50 - 11.35	mummy & me balance 10.50 - 11.35		mummy & me control 10.50 - 11.35	monkey music AGE 2-3 10.45 - 11.15	mini karate 10.40 - 11.10		teen karate 10.35 - 11.20	together 10.35 - 11.20
	mini go wild 11.40 - 12.25		tots go wild 11.40 - 12.25					tots go wild 11.40 - 12.20		monkey music 3-12mths 11.30 - 12.00	junior karate 11.20 - 12.05	mini go perform 11.20 - 12.05		junior go wild 11.30 - 12.15
		power 12.35 - 13.20	balance 12.35 - 13.20		barre 12.35 - 13.20			gravity 12.35 - 13.20	balance 12.35 - 13.20	mini go wild 12.35 - 13.20	mini go combat 12.20 - 13.05	junior go perform DRAMA 12.20 - 13.05		
		control 13.35 - 14.20		ignite 13.35 - 14.20	tots ballet 13.30 - 14.00	power 13.30 - 14.15	control 13.30 - 14.15			ignite 13.30 - 14.15	junior go combat 13.15 - 14.00	junior go perform DANCE 13.15 - 14.00		
	nano spanish AGE 1 - 4 14.30 - 15.30	tots ballet 14.30 - 15.00							tots go wild 14.20 - 15.05	tots ballet 14.20 - 14.59				
		mini ballet 15.15 - 15.45	mini karate 15.30 - 16.00	mini ballet 15.30 - 16.00	mini ballet 15.15 - 15.45		mini karate 15.30 - 16.00	mini ballet 15.30 - 16.00		mini ballet 15.15 - 15.45				
	mini go wild 15.55 - 16.40	ballet pre primary AGE 4 - 5.5 15.55 - 16.40	junior karate 16.10 - 16.55	mini go dance 16.10 - 16.55	mini go wild 15.50 - 16.35	ballet primary AGE 6.5 + 15.50 - 16.35	junior karate 16.10 - 16.55	mini go dance 16.10 - 16.55	mini go wild 15.55 - 16.40	ballet pre primary AGE 4 - 5.5 15.55 - 16.40				
	junior go wild AGE 6 - 8 16.50 - 17.35	mini go combat 16.50 - 17.35	teen karate 17.05 - 17.50	junior go dance 17.05 - 17.50	junior go wild AGE 6 - 8 16.50 - 17.35	power 16.50 - 17.35	teen karate 17.05 - 17.50	junior go dance 17.05 - 17.50	junior go wild AGE 8 - 10 15.55 - 16.40	ballet primary AGE 5.5 - 6.5 16.55 - 17.35				
junior go wild AGE 8 - 10 17.45 - 18.30	junior go combat 17.45 - 18.30	self defence 18.00 - 18.45	teen ignite 18.00 - 18.45	junior go combat 17.45 - 18.30	gravity 17.45 - 18.30	self defence 18.00 - 18.45	teen gravity 18.00 - 18.45	junior balance 17.45 - 18.30	ballet workout 17.45 - 18.30					
balance 18.40 - 19.25	power 18.40 - 19.25			barre 18.40 - 19.25	ignite 18.40 - 19.25			together 18.45 - 19.30	youth club 18.30 - 20.30					
flex 19.35 - 20.20		control 19.00 - 19.45	street dance 19.00 - 19.45			control 19.00 - 19.45	power 19.00 - 19.45							
		balance 19.55 - 20.40		flex 19.35 - 20.20			ignite 19.55 - 20.40							

tots	minis	juniors	teens	grown ups
0-2 YEARS	3-5 YEARS	6-10 YEARS	11-15 YEARS	16+ YEARS