

pool timetable

	monday			tuesday			wednesday			thursday			friday			saturday			sunday				
	aqua hero 1	aqua hero 2	aqua hero 3	aqua hero 1	aqua hero 2	aqua hero 3	aqua hero 1	aqua hero 2	aqua hero 3	aqua hero 1	aqua hero 2	aqua hero 3	aqua hero 1	aqua hero 2	aqua hero 3	aqua hero 1	aqua hero 2	aqua hero 3	aqua hero 1	aqua hero 2	aqua hero 3		
morning	grown ups free swim 07.00 - 07.50			grown ups free swim 07.00 - 07.50			grown ups free swim 07.00 - 07.40			grown ups free swim 07.00 - 07.40			grown ups free swim 07.00 - 07.50										
	swim intermediate 4:1 07.50 - 08.50		grown ups free swim 07.50 - 08.50	swim sanity 07.50 - 08.50			grown ups free swim 07.40 - 08.20			grown ups free swim 07.40 - 08.20			swim fit 07.50 - 08.50			family free swim 08.00 - 09.00			ASD lesson 08.00 - 09.00				
	grown ups free swim 08.20 - 09.00			grown ups free swim 08.20 - 09.00			grown ups free swim 08.20 - 09.00			grown ups free swim 08.20 - 09.00			grown ups free swim 08.20 - 09.00						ASD lesson 08.30 - 09.00				
afternoon	2 year olds 09.00 - 09.30			1 year olds 09.00 - 09.30			2 year olds 09.00 - 09.30			2 year olds 09.00 - 09.30			1 year olds 09.00 - 09.30			6 - 12 mths 09.00 - 09.30			6 - 12 mths 09.00 - 09.30				
	6 - 12 mths 09.30 - 10.00			2 year olds 09.30 - 10.00			6 - 12 mths 09.30 - 10.00			6 - 12 mths 09.30 - 10.00			2 year olds 09.30 - 10.00			1 year olds 09.30 - 10.00			1 year olds 09.30 - 10.00				
	1 year olds 10.00 - 10.30			1 year olds 10.00 - 10.30			1 year olds 10.00 - 10.30			1 year olds 10.00 - 10.30			6 - 12 mths 10.00 - 10.30			2 year olds 10.00 - 10.30			2 year olds 10.00 - 10.30				
	2 year olds 10.30 - 11.00			2 year olds 10.30 - 11.00			2 year olds 10.30 - 11.00			2 year olds 10.30 - 11.00			0 - 6 mths 10.30 - 11.00			1 year olds 10.30 - 11.00			1 year olds 10.30 - 11.00				
	0 - 6 mths 11.00 - 11.30			1:1 11.00 - 11.30			6 - 12 mths 11.00 - 11.30			6 - 12 mths 11.00 - 11.30			1 year olds 11.00 - 11.30			2 year olds 11.00 - 11.30			4:1 11.00 - 11.30		4:1 11.00 - 11.30		1:1 or 2:1 11.00 - 11.30
	1 year olds 11.30 - 12.00			4:1 11.30 - 12.00			1 year olds 11.30 - 12.00			1 year olds 11.30 - 12.00			2 year olds 11.30 - 12.00			1:1 11.30 - 12.00	4:1 11.30 - 12.00	4:1 11.30 - 12.00	2:1 11.30 - 12.00		4:1 11.30 - 12.00	4:1 11.30 - 12.00	4:1 11.30 - 12.00
	2 year olds 12.00 - 12.30			2 year olds 12.00 - 12.30			2 year olds 12.00 - 12.30			2 year olds 12.00 - 12.30			2 year olds 12.00 - 12.30			1:1 12.00 - 12.30	4:1 12.00 - 12.30	4:1 12.00 - 12.30	1:1 12.00 - 12.30		4:1 12.00 - 12.30	1:1 or 2:1 12.00 - 12.30	1:1 or 2:1 12.00 - 12.30
	family free swim 12.30 - 13.10			family free swim 12.30 - 13.10			family free swim 12.30 - 13.10			family free swim 12.30 - 13.10			family free swim 12.30 - 13.10			4:1 12.30 - 13.00	4:1 12.30 - 13.00	1:1 or 2:1 12.30 - 13.00	1:1 12.30 - 13.00	4:1 12.30 - 13.00	1:1 or 2:1 12.30 - 13.00	1:1 or 2:1 12.30 - 13.00	1:1 or 2:1 12.30 - 13.00
	family free swim 13.10 - 13.50			family free swim 13.10 - 13.50			family free swim 13.10 - 13.50			family free swim 13.10 - 13.50			family free swim 13.10 - 13.50			1:1 13.00 - 13.30	4:1 level 5 13.00 - 13.30	1:1 or 2:1 13.00 - 13.30	1:1 13.00 - 13.30	4:1 13.00 - 13.30	4:1 13.00 - 13.30	4:1 13.00 - 13.30	4:1 13.00 - 13.30
	family free swim 13.50 - 14.30			family free swim 13.50 - 14.30			family free swim 13.50 - 14.30			family free swim 13.50 - 14.30			family free swim 13.50 - 14.30			1:1 14.00 - 14.30	4:1 14.00 - 14.30	4:1 14.00 - 14.30	1:1 14.00 - 14.30		1:1 14.00 - 14.30	4:1 14.00 - 14.30	4:1 14.00 - 14.30
4:1 14.30 - 15.00	4:1 14.30 - 15.00	1:1 or 2:1 14.30 - 15.00	1:1 14.30 - 15.00	1:1 14.30 - 15.00	1:1 or 2:1 14.30 - 15.00	2:1 14.30 - 15.00	1:1 14.30 - 15.00	1:1 or 2:1 14.30 - 15.00	1:1 14.30 - 15.00	1:1 14.30 - 15.00	1:1 or 2:1 14.30 - 15.00	4:1 14.30 - 15.00	4:1 14.30 - 15.00	1:1 or 2:1 14.30 - 15.00	2:1 14.30 - 15.00	4:1 14.30 - 15.00	4:1 14.30 - 15.00	1:1 14.30 - 15.00	4:1 14.30 - 15.00	4:1 14.30 - 15.00	4:1 14.30 - 15.00		
4:1 15.00 - 15.30	4:1 15.00 - 15.30	1:1 or 2:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 or 2:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 or 2:1 15.00 - 15.30	4:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 15.00 - 15.30	4:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 15.00 - 15.30	4:1 15.00 - 15.30	1:1 15.00 - 15.30	1:1 15.00 - 15.30	4:1 15.00 - 15.30	4:1 15.00 - 15.30	4:1 15.00 - 15.30	4:1 15.00 - 15.30		
4:1 15.30 - 16.00	4:1 15.30 - 16.00	1:1 or 2:1 15.30 - 16.00	1:1 15.30 - 16.00	1:1 15.30 - 16.00	4:1 15.30 - 16.00	2:1 15.30 - 16.00	1:1 15.30 - 16.00	4:1 15.30 - 16.00	1:1 15.30 - 16.00	1:1 15.30 - 16.00	4:1 15.30 - 16.00	4:1 15.30 - 16.00	4:1 15.30 - 16.00	1:1 or 2:1 15.30 - 16.00	pool party 15.00 - 16.00			swim novice 15.00 - 16.00		swim 1:1 15.00 - 16.00			
4:1 16.00 - 16.30	4:1 16.00 - 16.30	1:1 or 2:1 16.00 - 16.30	2:1 16.00 - 16.30	4:1 16.00 - 16.30	4:1 16.00 - 16.30	2:1 16.00 - 16.30	1:1 16.00 - 16.30	4:1 16.00 - 16.30	1:1 16.00 - 16.30	2:1 16.00 - 16.30	4:1 16.00 - 16.30	4:1 16.00 - 16.30	4:1 16.00 - 16.30	1:1 or 2:1 16.00 - 16.30	family free swim 16.00 - 16.40			family free swim 16.00 - 16.40					
4:1 16.30 - 17.00	4:1 16.30 - 17.00	1:1 16.30 - 17.00	2:1 16.30 - 17.00	4:1 16.30 - 17.00	4:1 16.30 - 17.00	2:1 16.30 - 17.00	1:1 16.30 - 17.00	4:1 16.30 - 17.00	4:1 16.30 - 17.00	1:1 16.30 - 17.00	1:1 16.30 - 17.00	4:1 16.30 - 17.00	4:1 16.30 - 17.00	2:1 16.30 - 17.00	1:1 or 2:1 16.30 - 17.00								
4:1 17.00 - 17.30	4:1 17.00 - 17.30	1:1 17.00 - 17.30	4:1 17.00 - 17.30	4:1 17.00 - 17.30	1:1 17.00 - 17.30	1:1 17.00 - 17.30	2:1 17.00 - 17.30	4:1 17.00 - 17.30	1:1 17.00 - 17.30	4:1 17.00 - 17.30	4:1 17.00 - 17.30	1:1 17.00 - 17.30	1:1 17.00 - 17.30	4:1 17.00 - 17.30									
4:1 17.30 - 18.00	4:1 17.30 - 18.00	1:1 17.30 - 18.00	2:1 17.30 - 18.00	4:1 17.30 - 18.00	4:1 17.30 - 18.00	1:1 17.30 - 18.00	1:1 17.30 - 18.00	4:1 17.30 - 18.00	1:1 17.30 - 18.00	1:1 17.30 - 18.00	4:1 17.30 - 18.00	1:1 17.30 - 18.00	1:1 17.30 - 18.00	4:1 17.30 - 18.00									
4:1 level 5 18.00 - 18.30	4:1 18.00 - 18.30	1:1 18.00 - 18.30	4:1 18.00 - 18.30	1:1 18.00 - 18.30	4:1 18.00 - 18.30	1:1 18.00 - 18.30	1:1 18.00 - 18.30	1:1 or 2:1 18.00 - 18.30	1:1 18.00 - 18.30	1:1 18.00 - 18.30	1:1 or 2:1 18.00 - 18.30	4:1 18.00 - 18.30	4:1 18.00 - 18.30	1:1 or 2:1 18.00 - 18.30									
4:1 18.30 - 19.00	4:1 18.30 - 19.00	1:1 18.30 - 19.00	1:1 18.30 - 19.00	4:1 18.30 - 19.00	1:1 or 2:1 18.30 - 19.00	1:1 18.30 - 19.00	1:1 18.30 - 19.00	1:1 or 2:1 18.30 - 19.00	1:1 18.30 - 19.00	1:1 18.30 - 19.00	1:1 or 2:1 18.30 - 19.00	family free swim 18.30 - 19.10											
swim novice 4:1 19.10 - 20.10		grown ups 1:1 19.10 - 20.10	swim sanity 19.10 - 20.10			aquanatal 19.10 - 20.10			swim intermediate 4:1 19.10 - 20.10		grown ups 1:1 19.10 - 20.10	family free swim 19.10 - 19.50											
grown ups free swim 20.10 - 20.50			grown ups free swim 20.10 - 20.50			grown ups free swim 20.10 - 20.50			grown ups free swim 20.10 - 20.50			grown ups free swim 20.10 - 20.50			grown ups free swim 19.50 - 20.50								

tots	children	grown ups
0-2 YEARS	3-15 YEARS	16+ YEARS